

We Claim:

1. A fabric securing system for securing a first piece of fabric relative to a second piece of fabric, said fabric securing system comprising:
  - 5 a strip of flexible material having a first side, a second side, and a perimeter having a predetermined configuration;  
said first side having at least a portion thereof coated with an adhesive material; and
  - 10 a channel, said channel formed by said strip of flexible material and said second piece of fabric, said first piece of fabric secured within said channel.
2. The fabric securing system of claim 1 wherein said first side of said flexible strip of  
15 material further comprises:
  - a first section;
  - a second section;
  - a third section;
  - said second section integrally formed between
  - 20 said first and third sections;
  - said first and third sections forming said portion of adhesive material; and
  - said second section and said second piece of fabric forming said channel.
- 25 3. The fabric securing system of claim 2 wherein said first and third section of said strip of flexible material being adhesively connected to said second piece of fabric, said first piece of fabric slidably secured within said channel.
- 30 4. The fabric securing system of claim 2 wherein said channel is non-adhesive.
5. The fabric securing system of claim 1 wherein said first piece of fabric is a bra strap.
- 35 6. The fabric securing system of claim 2 wherein said second section of said flexible strip of

material further comprising a pad.

7. The fabric securing system of claim 1 further comprising a removable backing material located on said first side of material.

5 8. The fabric securing system of claim 1 wherein said second section is a non-coated section.

9. A fabric securing system for securing a first piece of fabric to a second piece of fabric, said fabric securing system comprising:

10 a strip of flexible material having a first side and a second side and a perimeter having a perimeter with a predetermined configuration, said first side having at least a portion of adhesive material; and

15 a non-adhesive tabular area integrally formed with said strip of flexible material.

10. The fabric securing system of claim 9 further comprising a removable backing material located on said adhesive first side of material.

20 11. The fabric securing system of claim 9 further comprising a second non-adhesive tab connected to said strip of flexible material.

12. The fabric securing system of claim 9 wherein said first piece of fabric is a bra and said second piece of fabric is a shirt.

25 13. The fabric securing system of claim 9 wherein said first piece of fabric is an underwear bottom and said second piece of fabric is a shirt.

30 14. The fabric securing system of claim 9 wherein said second side of said strip of flexible material has at least a portion of adhesive material.

15. A method for securing a first piece of fabric having a first side and a second side to a second piece of fabric having a first side and a second side, the method comprising:

35 providing a strip of flexible material having

a first side, a second side, said first side comprising a first adhesive section, a second non-adhesive section, and a third adhesive section, said second section integrally formed between said first and third sections;

5           adhering said first adhesive section to said second side of said second piece of fabric;

          placing said first piece of fabric between said second non-adhesive section and said second side of said second piece of fabric;

10           adhering said third adhesive section to said second side of said second piece of fabric; and

          securing said first piece of fabric to said second piece of fabric.

15           16. The method according to claim 15 further comprising the steps of;

          removing one of said first and third adhesive sections from said second piece of fabric;

          readjusting said first piece of fabric relative to said second piece of fabric; and

20           readhering said adhesive section to said second piece of fabric.

          17. The method of claim 15 wherein said first piece of fabric is a bra strap.

25           18. A method for securing a first piece of fabric having a first side and a second side to a second piece of fabric having a first side and a second side, the method comprising:

30           providing a strip of flexible material having a first side and a second side and a perimeter having a perimeter with a predetermined configuration, said first side having at least a portion of adhesive material; a non-adhesive tabular area integrally formed with said strip of flexible material;

35           layering said first piece of fabric over said second piece of fabric, said first side of said first

piece of fabric in contact with said second side of said second piece of fabric;

layering said strip of material under said second piece of fabric, said adhesive side of said strip of material facing said second side of said first piece and said second side of said second piece of fabric; and

adhering said adhesive side of said strip of material to said first and said second pieces of fabric.

19. The method of claim 18 further comprising:

removing at least partially said adhesive side of said strip of material from said first and said second pieces of fabric;

readjusting said first and said second pieces of fabric relative to one another; and

readhering said adhesive side of said strip of material to said first and said second pieces of fabric.

20. The method of claim 18 wherein said first piece of fabric is a shirt and said second piece of fabric is a bra.

21. The method of claim 18 wherein said first piece of fabric is a shirt and said second piece of fabric is an underwear bottom.